



R.I.S.E. INTERNATIONAL
TRANSFORM YOUR THINKING
COURSE FACILITATOR: LEANORA MACLOU



Course Description

This course teaches scriptural strategies needed for changing thought that affects life decisions and outcomes. Using proven scriptural truths threaded throughout the Bible, this course is a meditative study on how to develop strategies meant to move thinking from mediocrity into the thoughts needed for supernatural achievement.

Policies

Faculty and students/learners will be held responsible for understanding and adhering to all policies contained within the following two documents:

- Institutional Policies: Students must be preapproved to participate & agree to maintain good standing
- Instructor policies: Attendance and participation as set forth by the course syllabus & institution

Program policies are subject to change. Be sure to read the policies at the beginning of each class. Policies may be slightly different depending on the institutional requirements in which you attend class. If you have recently changed institutional requirements for participation, read the policies governing your current class participation.

Course Materials

Winston, B. W. (2008). *Transform Your Thinking*. Tulsa, Oklahoma: Harrison House.
_____ *The Missing Link of Meditation*

Supplemental Resources

The Holy Bible: New International Version, King James Version, Amplified, New American Standard Version.



Week One: Introduction

	<i>Details</i>
Objectives	1.1 Recognize ways in which our thoughts determine life's direction Define common understanding of decisions & outcomes
Course Preparation	Read Course Syllabus Read <i>The Missing Link of Meditation</i>
Reading	Read Romans 12:1-2
Reading	Read Ch. 1 Who's Got Your Soul?
Reading	Read Ch. 2 Defeating the Enemy of Your Soul
CheckPoint Effects of Thinking	Write a response to this question: Who has my soul right now? List at least two scriptures that support your answer
Individual	Meditate reading Romans 12:1-2; Proverbs 21:23

Week Two: The Myth of Original Thought

	<i>Details</i>
Objectives	1.2 Recognize ways in which our thoughts determine life's direction Define common understanding of decisions & outcomes
Course Preparation	Read Colossians 1:16-17 Read Genesis 13:14-15
Reading	Read Ch. 3 You can't Go Where You Can't See



Reading	Read Ch. 4 Leaving Your Comfort Zone
CheckPoint Effects of Thinking	Write a response to this question: Does the truth hurt? List at least two scriptures that support your answer
Individual	Meditate John 8:31-32; Proverbs 14:12

Week Four: The Bad Seed

	<i>Details</i>
Objectives	1.3 Recognize God's purpose for our bodies 1.4 Define common misconceptions about our purpose
Course Preparation	Read Romans 12:1-2 Read 2 Corinthians 5:17
Reading	Read Ch. 5 Learning to Think Right
Reading	Read Ch. 6 Don't Fence Me In
CheckPoint Effects of Thinking	Write a response to this question: What is your automatic reaction to your current situation? List at least two scriptures that support your answer
Individual	Meditate Exodus 32:1-6; Proverbs 4:20-23



Week Five: Koinonia

	<i>Details</i>
Objectives	1.5 Recognize we were designed for intimacy with the Creator
Course Preparation	Read Genesis 2:15
Reading	Read Ch. 7 Koinonia
CheckPoint Effects of Thinking	Write a response to this prompt: When we live in Koinonia with God our soul prospers and our lives are filled with joy and satisfaction List at least two scriptures that support your answer
Individual	Meditate James 4:7-8,10: 3John 2-4

Week Six: The Law of Meditation

	<i>Details</i>
Objectives	1.6 Recognize the importance of meditation 1.7 Define the Law of Meditation
Course Preparation	Read Genesis 2:15
Reading	Read Ch. 8 The Law of Meditation
CheckPoint Effects of Thinking	Write a response to this prompt: God wants us to think and pray His Word over and over. List at least two scriptures that support your answer
Individual	Meditate Psalm 77:6,12; 143:5



Week Seven: Rightly Dividing the Truth

	<i>Details</i>
Objectives	1.8 Recognize the ways the Word of God transforms and renews our minds 1.9 Define what the Truth of what God's Word reveals about the importance of a Good Shepherd
Course Preparation	Read John 14:6; 2Timothy 2:15
Reading	Read Ch. 9 The Importance of a Good Shepherd
CheckPoint Effects of Thinking	Write a response to this prompt: When you meditate God's Word, study it first List at least two scriptures that support your answer
Individual	Meditate Psalm 82:1-6; Galatians 4:1-9

Week Eight: Putting on the New Man

	<i>Details</i>
Objectives	1.10 Recognize how meditation transforms consciousness
Course Preparation	Read Joshua 1:1-4
Reading	Read Ch. 10 How Long Are You Slack? Read Ch. 11 Get into the Impossible
CheckPoint Effects of Thinking	Write a response to this prompt: I decided today that I will only think the way God thinks. List at least two scriptures that support your answer
Individual	Meditate Matthew 17:20; Matthew 19:26



Week Nine: A King's Mentality

	<i>Details</i>
Objectives	1.11 Recognize what it means to have a King's mentality
Course Preparation	Read Romans 8:29
Reading	Read Ch. 12 Would You Be King?
CheckPoint Effects of Thinking	Write a response to this prompt: If you are a King under the Most High God, you won't accept certain things. List at least two scriptures that support your answer
Individual	Meditate Romans 5:17

Week Ten: The Renewed Mind

	<i>Details</i>
Objectives	1.12 Recognize the benefits of having a mind that is renewed by the Word of God
Course Preparation	Read 2Timothy 1:7
Reading	Read Ch. 13 Renewed Minds Are Sound Minds Read Ch. 14 Going Through the Fire
CheckPoint Effects of Thinking	Write a response to this question: What is the purpose of having a renewed mind? List at least two scriptures that support your answer
Individual	Meditate Revelation 1:5-6; Romans 12:1-2



Week Eleven: Meeting the Challenge

	<i>Details</i>
Objectives	1.13 Recognize the ways in which God is conforming us to the image of His Son.
Course Preparation	Read Joshua 6:1-2
Reading	Read Ch. 15 The Lessons of Jericho Read Ch. 16 Perception Becomes Reality
CheckPoint Effects of Thinking	Write a response to this prompt: If we walk in God's supernatural wisdom, all of our needs will be supernaturally met List at least two scriptures that support your answer
Individual	Meditate James 4:7-8,10; Proverbs 23:7

Week Twelve: God is Love

	<i>Details</i>
Objectives	1.14 Recognize the ways in which God shows His love for us
Course Preparation	Read 1John 4:16
Reading	Read Ch. 17 Extravagant Love
CheckPoint Effects of Thinking	Write a response to this prompt: The Bible says God loves List at least two scriptures that support your answer
Individual	Meditate Romans 12:1-2